

## Frequently Asked Questions

### When is it too late to regrow your hair?

If the type of hair loss is non-scarring then there is no reason why the program cannot grow your hair back. Androgenetic Alopecia (Male and female pattern baldness) is the most common form of non-scarring hair loss where the follicles are not dead but they are more in the falling out (telogen) phase of the hair cycle rather than the growing (anagen) phase. This process is caused by the conversion of the male hormone, testosterone to dehydrotestosterone (DHT). It is the DHT that affects the hair follicles by miniaturization and over secretion of sebum that inevitably leads to inflammation of hair follicles. Hair simply cannot survive in this environment and therefore it falls out. Bioscor's Hair Regrowth Program is designed to counteract the effects of DHT on the hair follicles.

### How much hair am I able to grow back naturally?

After following the program properly, obvious growth is apparent after 3 to 4 months. Maximum potential growth is reached approximately after 12 to 18 months. The main factors that affect hair regrowth are the following:

**Age:** The younger you are the more potential there is to grow more hair back.

**Severity of hair loss:** Early stage hair loss is the ideal time to start the program to get maximum results.

**Compliance:** Poor compliance with the program will generally lead to a poor outcome.

### Are there any side-effects from the AO lotion?

The AO lotion is designed to return the scalp and hair to a healthy state and therefore contain only nourishing ingredients. Just like fertilizer is used to grow and rejuvenate plants, the same principle can be applied to the AO lotion to the hair follicles. Occasionally, certain individuals have an allergy to the glycol in the lotion (an ingredient used for its moisturising properties). This presents with symptoms such as an itchy or irritated scalp. In these rare cases, Bioscor has a hypoallergenic range of AO lotions with no glycol content.

### What will happen to my hair if I stop the program?

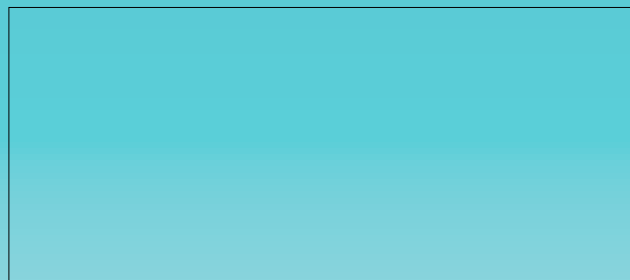
If the cause of hair loss is a reversible one (i.e. stress, iron deficiency), then once adequate hair regrowth is attained and the cause is treated, cessation of the program will not affect the new hair growth. However, in Androgenetic Alopecia (male/female pattern baldness) which is a genetic problem, the program can only act as a treatment and not a cure. Therefore ongoing maintenance is required to keep the newly grown hair. If treatment is stopped, the new hair (and hair that would have been lost if not on the program) will slowly fall out after a period of approximately 4 to 6 months. You have nothing to lose and everything to gain; the more effort you put into the program the better the results will be.



## Bioscor International

Hair Regrowth & Cosmetic Medicine

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### Bioscor International Worldwide

A More Beautiful You no matter where you are, with offices and clinics around the globe.



For all location details check [www.bioscor.com.au](http://www.bioscor.com.au).

Bioscor Hair Regrowth Program





# BIOSCOR'S HAIR REGROWTH PROGRAM

This program was formulated in Melbourne by Dr. Alan Ong, a victim of male pattern baldness himself. Now this program is available in Australia and overseas through Bioscor International.

Bioscor International offers a highly effective medically supervised natural hair regrowth program with NO surgery involved. The treatment includes the use of a unique blend of medications, vitamins and herbs to revitalise the scalp and to stimulate the regrowth of your hair. Our program is directed at stimulating follicular activity and moving your hair back into the anagenic (growth) phase.

Bioscor's hair program is effective for any form of Non-Scarring Alopecia that can be caused or aggravated by a number of factors. These include:

Genetic predisposition to hair loss (Androgenetic Alopecia or male/female pattern baldness)

Hormonal dysfunction (i.e. Hypothyroidism)

Auto-immune (Alopecia Areata, Alopecia Totalis, Ophiasis Inversus)

Nutritional and mineral deficiencies (i.e. Dieting, Iron deficiency)

Pregnancy

Stress or prolonged illness

Adverse drug reaction

Hair Rejuvenation after 3 Months on program



## Initial Consultation

- 1. History & Examination:** To assess general health and appraisal of scalp condition.
- 2. Blood Tests:** To exclude any medical condition, which may cause or accelerate hair loss.
- 3. Hair Mineral Analysis:** To measure nutrient and toxic mineral levels.  
*[Genetic Testing for Hair is also available through Bioscor to diagnose the exact genetic cause of your hair loss, which is an extra cost option]*
- 4. Photography:** To monitor progress of hair growth.
- 5. Supply of Hair Kit:** With full instructions for use.

Beneficial results should be visible within 3 months. The duration of treatment will vary depending on the cause of hair loss. Hair loss associated with stress or as a consequence of general medical or a local scalp problem usually does not require maintenance treatment once causative factors are dealt with. Genetically determined hair loss (e.g. male pattern baldness) will normally require ongoing maintenance therapy.

## Home Hair Kit

The program consists of a Hair Kit that is to be used by the client at home. It is designed to be hassle-free with minimal steps involved. The Hair Kit consists of the following products:

### AO Shampoo:

Opens up the hair follicles/scalp pores, cleanses the scalp, dissolves oil, eliminates dandruff and settles inflammation.

### AO Conditioner:

Protects and moisturises the hair, without blocking the hair follicles.

### Anti-oxidant Spray (Skin Pro Spray):

Acts as a natural anti-inflammatory and dissolves build up of scalp oils that can block hair follicles.

### AO Lotion:

A Minoxidil based lotion with a special blend of vitamins and herbs that rejuvenates and stimulates hair follicular activity, counteracting the effects of DHT (Dehydrotestosterone). Special ingredients are also used to help penetrate the Minoxidil deeper into the hair follicles.

### Oral Medications:

These promote circulation to the scalp, nourish the hair follicles and promote hair regrowth. (Oral medications can vary according to the cause of hair loss. Suitability and potential side effects will be discussed during consultation.)

## In-House Hair Treatment

As a part of the program, Bioscor offers an In-House Hair Treatment that is designed to attain better and faster results by promoting maximum absorption of the hair kit products. It is recommended that treatment be done once a week for the first month, once a fortnight for the second month, and then once a month thereafter for maintenance. The In-House Hair Treatment is a relaxing half hour session consisting of the following steps:

### 1. Deep Cleansing Scalp Treatment:

High-pressure water jets are used to remove waxy debris and toxic chemicals from hair follicles and increases scalp circulation.



### 2. Scalp Chemical Peel:

This unique peel is aimed to dissolve sebum (fatty acids, cholesterol and dead skin cells) that block and damage hair follicles. It sloughs off dead skin cells and opens up pores to gain better absorption of products into the hair follicles.

### 3. Hair Treatment:

The treatment deposits agents that counteract the effects of Dehydrotestosterone (DHT) into the pores to discourage further deposition of sebum and also agents that eliminate inflammation and dandruff and stimulate hair follicular activity.

### 4. Mesotherapy:

This process is sometimes alternated with Step 3 (Hair Treatment), depending on hair status, and involves introducing nutrients directly into the scalp by way of fine needling.



Scalp Treatment Booth